

NVWF Tournament @ Fauquier High School 2/5/12  
705 Waterloo Rd Warrenton, Va 20186

John Parthenakis **call before 8PM please** (540) 273-1537 cell

Bantam/Midget born in 2003-2006(Need to arrive @ 7:00AM)

Junior born in 2001-2002 (need to arrive @ 9:30AM)

Intermediate born in 1999-2000 (need to arrive @ 11:30PM)

Senior born in 1997-1998 (need to arrive @ 11:30PM)

**Parent workers – Working is mandatory. The league (all volunteer) cannot exist unless parents devote their time. If you cannot work a table, please call me before Thursday so I can arrange for another person.**

Bantam Midget division Table 11

Casey Cornell, Kelly Kent, Amanda Dugan

Junior division Table 11

Scott Gipson, Ted Rangel, Lonna Mayer

Intermediate division Table 11

Mrs. Peters, Helen Sechler, Kent Muilenburg



12301 Spotswood Furnace Rd, Fredericksburg, VA 22407

- 1. Head **southeast** on **Co Rd 620/Spotswood Furnace Rd** toward **VA-3 W/Plank Rd** go 0.2 mi  
total 0.2 mi
- 3** 2. Turn left onto **VA-3 E/Plank Rd** go 4.0 mi  
About 7 mins total 4.2 mi
- 95** 3. Merge onto **I-95 N** via the ramp to **Washington** go 3.1 mi  
About 3 mins total 7.3 mi
- 17** 4. Take exit **133** to merge onto **US-17 N/Warrenton Rd** toward **Warrenton** go 27.8 mi  
Continue to follow US-17 N total 35.1 mi  
About 30 mins
- 15** 5. Turn right onto **US-15 N/US-17 N/US-29 N/James Madison Hwy** go 4.8 mi  
About 5 mins total 39.9 mi
- 17** 6. Turn left onto **US-15 BUS N/US-17 BUS N/US-29 BUS N/James Madison Hwy** go 2.6 mi  
Continue to follow US-17 BUS N/US-29 BUS N total 42.5 mi  
About 5 mins
- ↶** 7. Turn left onto **Frost Ave** go 0.3 mi  
About 2 mins total 42.9 mi
- ↷** 8. Turn right onto **Van Roijen St** go 0.2 mi  
total 43.0 mi
- ↶** 9. Take the 1st left onto **Waterloo Rd** go 269 ft  
Destination will be on the right total 43.1 mi



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Tournament Procedures: **(be at the location on time to weigh in)**

Weigh-in procedure **(bring t-shirt and shorts to weigh in with)**

- 1. get in line according to alphabetical and receive a weigh-in card
- 2. get in scale line according to age group / weight... weigh in.
- 3. Change into singlet and spirit pack and then find a coach.

***Wrestling procedure***

- 1. Get your # from coach P. (when numbers come out)
- 2. Wait in the stands # (first number) until your number appears on the tower.
- 3. Tell a coach you're going to be up.
- 4. Warm up next to mat as your number rises up the tree.
- 5. If you win, sign your bout card and carry it back to the head table.

**If you would like to wrestle in the A division, please inform the weigh-in computer at the scales**

**If you would like to wrestle in the next division, please inform a coach prior and then you may register during the registration time for the next group. You do not need to re-weigh in. Just inform the computer people. NOTE: You will automatically be wrestling in the A-group if you wrestle up.**